

April 2020

Enjoy a nutritious, delicious meal weekdays, first come, first served.

Vegetarian entrée italicized.

		1	2	3
A voluntary contribution of \$3 suggested for 60+ Guest under 60 charged \$5. Meal program is partially funded by the NYC Department for the Aging, Con Edison and the MAC AIDS FUND.		Stuffed Shells with Cheese Garden Salad <i>Stuffed Shells with Cheese</i>	Turkey Meatballs Spinach and Basil Pesto <i>Vegan Meatballs</i>	Eggplant Parmesan Sautéed Spinach <i>Eggplant Parmesan</i>
6	7	8	9	10
Chicken Stir Fry Asian Blend Vegetables <i>Vegetarian Delight</i>	BBQ Pulled Pork Braised Collard Greens <i>Whole Grain Mac and Cheese</i>	Shepherd's Pie Tossed Salad <i>Vegetarian Chili</i>	Baked Salmon Steamed Spinach <i>Lentil Stew with Carrots</i>	Roasted Chicken California Blend Vegetables <i>Orzo Stuffed Peppers</i>
13	14	15	16	17
Chicken Parmesan Roasted Eggplant <i>Vegan Meatballs</i>	Egg Salad w/Lettuce Carrot Apple Raisin Salad <i>Wheat Berry Salad w/Fruit</i>	Italian Style Pork Loin Capri Blend Vegetables <i>Black Bean Burger</i>	Pepper Steak Asian Blend Vegetables <i>Tofu Sauté</i>	Baked Fish Oreganata Steamed Kale <i>Veggie Sausage Link</i>
20	21	22	23	24
Deluxe Cheese Burger Prince Edward Blend Veggies <i>Swiss Cheese Veggie Burger</i>	Beef Fajita Broccoli and Red Peppers <i>Chickpea Delight</i>	Tuna Fish Salad Baby Spinach Salad <i>Chickpea Salad</i>	Grilled Chicken Breast Broccoli w/Toasted Garlic <i>Cheese Ravioli</i>	Black Bean Chili Tossed Salad <i>Black Bean Chili</i>
27	28	29	30	
Beef Meatloaf w/Gravy Steamed Spinach <i>Vegetarian Chili</i>	Cheese Tortellini Steamed Green Beans <i>Cheese Tortellini</i>	Chicken Salad Red Cabbage Salad <i>Kidney Bean Salad</i>	Broccoli/Cheese Quesadilla Baby Spinach Salad <i>Broccoli/Cheese Quesadilla</i>	