



Advocacy &
Services for
LGBT Elders

We refuse to be invisible®

SAGE Centers Virtual and Telephone-based Programs Week of Monday, November 30, 2020 – Sunday, December 6, 2020

***Please note:** SAGE programming is for registered DFTA participants aged 60 or above, living in New York City. If you are over 60 years old and not a registered participant at a SAGE senior center, please contact us at info@sageusa.org for a registration form. If you are a SAGE Center member, please sign-up for a program by*

Monday, November 30, 2020

[clicking here](#)

10:15am-12:45pm	Opera Club	Edie Windsor SAGE Center
10:30-11:30am	Online Open Wellness learn ways to tap into Nature and Self	SAGE-GRIOT
11:30am-1pm	Art Discussion Group	Edie Windsor SAGE Center
12-1pm	Tai Chi w/ Jana	Edie Windsor SAGE Center
12-1pm	Daily Chat (full)	SAGE-GRIOT
12-1pm	Senior Chair Yoga	SAGE-GRIOT
2-3pm	Let's Gab	Edie Windsor SAGE Center
2-3:30pm	Meditative Art	SAGE Center Harlem
2-3pm	Book Club	SAGE-GRIOT
2-3pm	Mind, Body and Soul	SAGE Center Bronx
2-5pm	Monday Movie Matinee: Jesus Christ Superstar the Musical Filmed in the UK during the Live Arena Tour	SAGE Center Bronx
2-3pm	Dance Exercise w/ Simone	Edie Windsor SAGE Center
3-4pm	L Group	SAGE Center Bronx
3-5pm	Vamos Hablar - Spanish Speaking only	SAGE Center Bronx
3:15-4:15pm	*Spanish 201 (full)	Edie Windsor SAGE Center
3:30-5pm	Invisible Disabilities	Edie Windsor SAGE Center
4-6:30pm	Parlor Games w/ Stonewall	SAGE-GRIOT
4:30-6pm	Meditation w/ Madhu	Edie Windsor SAGE Center
6:30-8:30pm	Acting Class w/ Michael	Edie Windsor SAGE Center
6:30-8pm	*Trans Women's Group	Edie Windsor SAGE Center
6:15-7:45pm	*Caregiving Support Group	SAGE Care Management



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Tuesday, December 1, 2020 – Sign-up for programs online by
*Registration required

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10-11am	Coffee Talk: A Morning Chat Group	SAGE Center Bronx
12:30-1:30pm	Feldenkrais w/ Frederick	Edie Windsor SAGE Center
10:30-11:30am	Calming Anxiety during COVID	SAGE-GRIOT
12-1pm	Moving with Fran Exercise Program	SAGE Center Bronx
2-3pm	Ella’s Creative Corner	SAGE Center Harlem
2-3pm	Intermediate Spanish	SAGE-GRIOT
2-3pm	Healthy Aging Series: Decluttering your Home during the Pandemic series	SAGE Center Bronx
3-4pm	The Rainbow Connection	SAGE Pride Center of SI
3-4:30pm	Creative Writing w/ Lujira	Edie Windsor SAGE Center
3:30-4:30pm	Modern Art History	Edie Windsor SAGE Center
4-5pm	Create a Legacy Cookbook Workshop w/ Vita	SAGE-GRIOT
4-5pm	Waking in Havana: A Memoir of AIDS and Healing in Cuba, by She Writes Press Reading	SAGE-GRIOT
4-5pm	Gentle Yoga w/ Yukari	Edie Windsor SAGE Center
4-6:30pm	Chit Chat & Movie: Philadelphia	SAGE Center Harlem
5:30-7:30pm	*Tech Support w/ Evelyn	Edie Windsor SAGE Center
6-7:30pm	Tuesday Women's Discussion Group	Edie Windsor SAGE Center
6-8:30pm	Screening of Kinky Boots on Broadway	SAGE-GRIOT
6-8pm	DBGM Presents World Aids Day 2020: You Are Not Alone	SAGE Center Harlem



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Wednesday, December 2, 2020 - Sign-up for programs online by
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9-10am	Feel Good Morning Dance	SAGE-Stonewall
10-10:45am	Golden Rainbow	SAGE Pride Center of SI
10:30-11:30am	Caribbean Movement w/ Kendra	SAGE-GRIOT
10:45-11:30am	I Contain Multitudes- PBS Show	SAGE Pride Center of SI
11:30am-1pm	Mixed Media Group	Edie Windsor SAGE Center
11:30am-12:15pm	Astronomy: Objects in Space	SAGE Pride Center of SI
12-1pm	Creative Community Exercise w/ Susan	Edie Windsor SAGE Center
12-1pm	Yoga & Bollywood Dance	SAGE-GRIOT
12-1pm	Wednesday Shorts	SAGE Center Harlem
12:15-1pm	Beginners' Spanish	SAGE Pride Center of SI
1-2pm	Sojourner Truth- An Abolitionist's Story	SAGE Pride Center of SI
1-2pm	Jazzercise- a fusion of exercise	SAGE Center Bronx
1:30-3pm	Yoga & Meditation w/Yitzy	Edie Windsor SAGE Center
1:30-2:30pm	Spanish 101 Class	SAGE-GRIOT
2-3:30pm	Meditative Art	SAGE Center Harlem
2-3pm	Men's Sexual Health	SAGE-GRIOT
2-4pm	Vamos Hablar - Spanish Speaking only	SAGE Center Bronx
3-4:15pm	OATS Computer Class: Exploring Social Media	Edie Windsor SAGE Center
3-5pm	*New York Writer's Coalition Workshop (full)	Edie Windsor SAGE Center
3:30-5pm	Election Aftermath Discussion	Edie Windsor SAGE Center
4-5pm	Black Lives Matter, Marginalized communities & Activism	SAGE Stonewall
5-6pm	Theological Reflection	SAGE Center Harlem

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6-7:30pm	Book Lover's Group (December: "An Odyssey" by Daniel Mendelsohn / January: "Living" by Henry Green)	Edie Windsor SAGE Center
6-7pm	Wave Ahead/SAGE Puerto Rico's Club de Libro (Spanish speaking only)	SAGE Center Bronx
6-8:30pm	Dinner and a Movie: The Informer (2019)	SAGE Center Bronx

Thursday, December 3, 2020 - Sign-up for programs online by

*Registration required

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10:30-11:30am	Online Arthritis Movement	SAGE-GRIOT
11am-12pm	The Joy of Movement	SAGE Center Harlem
11am-12:30pm	Accessing Services during a Pandemic	SAGE-GRIOT
11am-12pm	Meditative Art	SAGE Center Bronx
11:30am-12:30pm	Group Meditation	SAGE-Stonewall
11:45am-12:45pm	Introduction to American Sign Language (full)	Edie Windsor SAGE Center
11:45am-12:45pm	American Sign Language (full)	SAGE-GRIOT
12-1pm	Gyrokinesis w/Natalie	Edie Windsor SAGE Center
12-1pm	LGBT Discussion Group	SAGE Center Bronx
1-2pm	Dancing with Derrick (exercise and dance class)	SAGE Center Bronx
1-2pm	Women's Group	SAGE Center Harlem
1:30-2:30pm	75+ Mixed Gender Group	Edie Windsor SAGE Center
2-3pm	Spanish 101 (Full)	SAGE Center Bronx
2-3pm	Reminiscence Group	SAGE Center Harlem
3-4pm	Spanish 102	SAGE Center Bronx
3-4pm	Women's Group -Mind, Body & Soul Discussion	SAGE-GRIOT
3:30-5pm	*Women's Dialogue (full)	Edie Windsor SAGE Center



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3-4pm	Eat Healthy, Be Active Community Workshop	SAGE Pride Center of SI
6:15-7:45pm	Men's Discussion	Edie Windsor SAGE Center

Friday, December 4, 2020 - Sign-up for programs online by
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11am-12pm	Men's Group	SAGE Center Bronx
11am-12:30pm	Music & Memories w/ Yael	Edie Windsor SAGE Center
11:30am-12:30pm	Meditation Draw Art	SAGE-GRIOT
11:30am-1pm	Drawing Group	Edie Windsor SAGE Center
11:30am-1:30pm	Brunch Watch Party - This Christmas	SAGE Center Harlem
12-1:15pm	Lunchtime with Chef Wilson's Nutrition Class	SAGE Center Bronx
1-2pm	Medicare Minutes	SAGE-GRIOT
1-2pm	*Spanish 101 (full)	Edie Windsor SAGE Center
1-1:45pm	Virtual Tour of the Albertina Museum	SAGE Pride Center of SI
1-2pm	LGBT Elder's discussion for a Better Tomorrow	SAGE Stonewall
1:45-3:15pm	Grace and Frankie Watch Party	SAGE Pride Center of SI
2-3pm	Afro Brazilian Dance w/ Maria	Edie Windsor SAGE Center
2-3pm	SAGEVets	Edie Windsor SAGE Center
2-3pm	America's Burning: A discussion on inequality, oppression, and social injustice through the lens of the current BLM movement.	SAGE Center Bronx
2-3pm	Motown Soul R&B Virtual Concert	SAGE-GRIOT
3-4pm	*Spanish 301 (full)	Edie Windsor SAGE Center



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3-4:15pm	OATS Computer Class: Exploring Social Media	Edie Windsor SAGE Center
3:15-4:15pm	Feldenkrais w/ Frederick	Edie Windsor SAGE Center
4:30-6pm	Brush Up Your Shakespeare	Edie Windsor SAGE Center
4-6pm	Men's Group	SAGE Center Harlem
4-5pm	Transgender Community Group	SAGE Center Harlem
4-6pm	Latino Gay Men's Group	SAGE Center Bronx
6-7:15pm	World AIDS Day: Screening of "The Battle of amfAR"	Edie Windsor SAGE Center
6:15-7:15pm	Cercle Francophone: L'Attaque du moulin – partie 3	Edie Windsor SAGE Center

Saturday, December 5, 2020 - Sign-up for programs online by

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12-12:45pm	Dramatic Readings of Silly Things	SAGE Pride Center of SI
12:45-1:45pm	SAGE Cinema: Remembering Pearl Harbor	SAGE Pride Center of SI
1:45-2:30pm	Table Talk	SAGE Pride Center of SI
2:30-3:15pm	Living Room Dance	SAGE Pride Center of SI
6-8pm	Intergenerational Karaoke Night	SAGE Pride Center of SI

Sunday, December 6, 2020 - Sign-up for programs online by

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1-2:30pm	Healthy Mature Reflecting	Edie Windsor SAGE Center
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If you are interested in attending these programs, please sign up by

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